

# GET THE COMPLETE HORMONE PICTURE WITH THE DUTCH TEST

The DUTCH Test was developed to improve on available hormone testing options. This test offers the most extensive profile of sex and adrenal hormones along with their metabolites. Additionally, the daily (diurnal) pattern of free cortisol is included, along with melatonin (6-OHMS), 8-OHdG, and six organic acids. This unique combination of clinical information is not available by any other method.

#### Why use DUTCH?

The Easiest Patient Collection: Patients collect just four or five dried urine samples over a 24-hour period. Dried samples are stable for several weeks making them convenient to ship worldwide.

Analytical and Clinical Validation: Precision Analytical's testing methods go through a rigorous validation process to verify accuracy, recovery, and linearity. We pride ourselves in relentlessly pursuing the most accurate and precise techniques available for testing. See the data on the next page to support the analytical and clinical validation of this powerful new testing model.

Effective HRT Monitoring: DUTCH testing was designed to be optimally effective for most forms of hormone replacement therapy. Unique methods are used for improved monitoring of oral progesterone and vaginal hormones.



### DUTCH Complete<sup>™</sup>

This test is a comprehensive assessment of sex and adrenal hormones and their metabolites. It also includes the daily, free cortisol pattern, organic acids, melatonin (6-OHMS), and 8-OHdG.

### **DUTCH Plus®**

The DUTCH Plus® takes hormone testing to a new level. In addition to sex hormones and their metabolites, the DUTCH Plus® adds the Cortisol Awakening Response (CAR) to bring another important piece of the HPA axis into focus.

### **Cortisol Awakening Response**

As a separate kit from the DUTCH Plus®, the Cortisol Awakening Response (CAR) captures an important piece of the HPA axis and brings it into focus.

### DUTCH Cycle Mapping and Plus™

For some female patients, testing on just one day of the month is not enough. Women with infertility, irregular cycles or no menstrual bleeding due to an ablation or partial hysterectomy, can benefit from the DUTCH Cycle Mapping<sup>™</sup>.

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## **KEY BENEFITS**

- Sample collection is easy and straightforward
- Results are accurate and reliable
- Reports are detailed and informative

Contact your clinician and request more information on the DUTCH Test today!



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