

Chronic constipation, diarrhea, abdominal discomfort, and bloating are often placed under the umbrella of "IBS" or irritable bowel syndrome. Sometimes there are underlying causes of IBS that go undetected by conventional testing. Food allergies, maldigestion, parasites, yeast, bacterial imbalances, and inflammation can all contribute to IBS. Identifying these abnormalities through SIBO testing allows your clinician to make treatment adjustments that can improve your symptoms.



## DO YOU SUFFER FROM ANY OF THE FOLLOWING SYMPTOMS?

- Gas
- Bloating
- Abdominal Pain
- Diarrhea

- Constipation
- Fatigue
- Chronic Skin Conditions

IF SO, SIBO TESTING COULD BE RIGHT OR YOU.

## Why SIBO Test?

The <u>non-invasive SIBO breath test</u> can detect the gases that are produced by the bacteria. Treatment often involves eliminating the overgrowth with antibiotics, herbal supplements, and/or a specialized diet.

Offered in a 2 or 3-hour SIBO assessment, the 3-hour SIBO profile provides insight into gas levels over a longer period of time, and is recommended for patients with slower gastrointestinal transit or constipation.

Small Intestinal
Bacterial Overgrowth (SIBO)

GASTROINTESTINAL

Contact your clinician and request the SIBO test today!



**RESTORE HEALTH AND WELLNESS** 

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